



E4C

Changing Lives • Growing Community

ISSUE I JANUARY 2011

Good Works

STORIES OF COMPASSION AND CONNECTION



Courage Compassion Connection Commitment

Churches give Christmas gifts

In mid-December, a representative from Augustana Lutheran Church donated three large boxes of Christmas gifts gathered from the church community. The donation of 25 gift bags and a

shopping bag of extra items such as toiletries went to Elizabeth house. Meanwhile, St. Faith's Anglican Church donated knitted slippers, hats, scarves, and teddy bears.

EDMONTON MAN GIVES \$10,000

Thank you Noel, for your thoughtful and generous donation, of which \$7500 benefits E4C School Lunch Program and \$2500 goes to affordable housing.



Elizabeth House is a 24-bed transition house for homeless women who are leaving the women's shelter but still experience various life challenges.



Elizabeth House

A NEW FEATURE FOR A NEW YEAR!

Welcome to the premiere edition of E4C's **Good Works**, where we highlight some of the special groups and individuals who, through their generous gifts of time and donations, help E4C shelter the homeless, feed the hungry and care for people in need.

E4C is a charitable human services organization committed to helping people become self-supportive in meeting their essential human needs for food, shelter, housing, employment, training, and education.

We want to send a special thank you to all the individuals and companies, who through their gifts of time and money, are helping us reach our fundraising goal of \$1.8 million for 2011.

Alberta Teachers help feed hungry little tummies

As the holidays approached, Ed Butler delivered an \$8000 check to E4C's Early Head Start Program on behalf of Edmonton Public School Teachers Local 37.

"The ATA has supported us every year now for many years, and we are so happy to receive their continued generosity," says Dixie Chell, program manager.

"Families we serve, especially new Canadians, face many obstacles and barriers when trying to feed their children nutritious meals. Our initiatives help families identify and access good foods."

Ladies Night at the theatre



On December 20, the Citadel, Edmonton's downtown live theatre venue,

gifted the 10 women at E4C's **Our Place** with tickets to the March 6, 2011 showing of *The Hunchback*.

Our Place offers long-term support and housing for women with ongoing mental illness and low incomes.



A spirit of giving

Thank you to **Telus**, for generously donating \$15,000 to **ArtStart**, an arts program for children aged 5 to 14 from low income homes.



The children in ArtStart have the opportunity to participate in classes in art, drama, dance, music and creative writing, as well as field trips.

ATCO Gas's commitment to community giving provides support to a wide variety of charities.



The program, **Employees Participating in Communities (EPIC)**,



provides past and present employees with a way to donate to charities of their choice, and have their donation supplemented with a corporate contribution from ATCO Gas.

In December, more than \$3000 in donations were received for E4C, Kids in the Hall Bistro, E4C's School Lunch Program and the Women's Emergency Accommodation Centre.



Employee **Brad Butterfield** devotes countless hours to volunteering.

In recognition of his community involvement, his employer IBM made a \$500 donation under the **IBM Community Grants Program** to the organization of his choice, E4C's **Kids in the Hall Bistro Program**.

EPCOR recognizes the gift of time and talent the company's employees give to the community through volunteer work.

The **Helping Hands Grant** is an EPCOR initiative that lets employees who contribute 50 hours or more of volunteer time in a year, request that EPCOR make a corporate donation to an organization of their choice.

EPCOR made a \$200 donation to E4C on behalf of employee **Cam Ho**.



Helping Hands

Honoring the people who help E4C make a difference

\$5000 donated to **Elizabeth House**
—Alberta Investment Management Corp.

A generous donation to **E4C**
—John & Barbara Poole Family Funds at Edmonton Community Foundation.

\$4000 to **E4C**
—Slavik Family Fund at Edmonton Community Foundation.

\$1000 to **E4C's School Lunch Program**
—South Edmonton Lions Club

\$5000 donated to **Kids in the Hall Bistro Program**
—Edmonton Oilers

\$300 donation to **E4C's School Lunch Program**
—Leanne Palylyk Children's Foundation

\$3000 to **E4C's School Lunch Program**
—Daughters of the Nile, Al Amira Temple No. 157

50 knitted slippers, assorted sizes or colors, donated to **E4C's School Lunch Program**
—Lloyd Sadd Insurance Brokers

\$111,045.79 for **E4C's School Lunch Program**
—as part of the United Way 2010 Direct Mail Campaign



25 Christmas gift bags and toiletries for the women at **Elizabeth House**
—Augustana Lutheran Church congregation

\$200 to **E4C's School Lunch and Snack Programs**
—Gail, Bruce, Sharon, Randy, Sid and Pat

15 gift baskets for the alumni women of **Elizabeth House**
—Riverbend United Church

Brand new flooring in **Elizabeth House**
—REALTORS Community Foundation

\$1000 to **E4C's School Lunch Program**
—Polish Canadian Women's Society

\$1000 to **E4C**
—Jeff

\$1000 for comforters, pillow cases, towels, and undergarments for the **Women's Emergency Accommodation Center**
—IODE Wing Commander H.P. Blatchford Chapter and Marsha

Hearts for the Homeless

Come join us for a gourmet meal and silent auction at the Hotel Macdonald as we open our hearts and our wallets to support Edmonton's homeless women, at a fundraiser for **E4C's Women's Emergency Accommodation Centre**.



Saturday, February 26, 2011

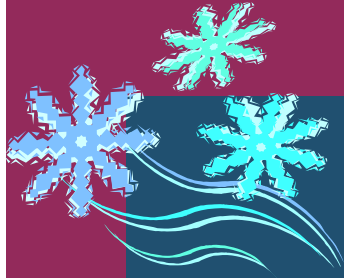
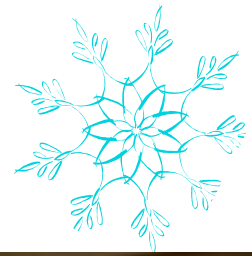
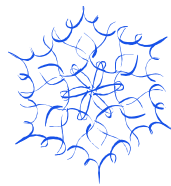
5:30pm Cocktails and Silent Auction

6:00pm 4-Course Meal

Location: Hotel Macdonald, Jasper Room

Tickets are **\$75 each** (Tables of 8 for \$630)

To purchase call (780) 424-7543



Hotel Macdonald's Winter Wonderland Dinner

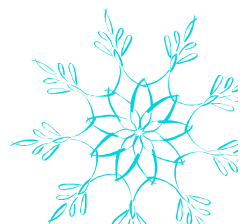


75 women from the Women's Emergency Accommodation Centre (WEAC) were provided with a gourmet Christmas Dinner on November 30, 2010 by the **Fairmont Hotel Macdonald**.

The women were served by hotel executive management including the General Manager, Kitchen Manager, Director of Sales, Catering Manager and Head Chefs.

The menu included roast pumpkin soup, traditional roast turkey, whipped potatoes, glazed carrots and warm chocolate cake with vanilla ice crème and raspberry coulis.

"I hope they give us the leftovers so I can have this for breakfast tomorrow. It is yummiier than yummy," said the WEAC resident shown here on the left, referring to the delicious dessert.



Blue Goose Luncheon

Insurance industry fraternity raises \$2000

On December 13, 2010, insurance industry members packed a banquet room at the Royal Glenora Club, for the annual Christmas luncheon of the **Honorable Order of the Blue Goose International**.

E4C's School Lunch Program was chosen as this year's charity.

Members of the Blue Goose fraternity, which includes underwriters, brokers, agents, lawyers and traffic engineers, raised \$2000 through a raffle over lunch while children from the **Delton School Choir** sang a medley of Christmas songs.



E4C's
School
Lunch
Program

McDougall United Church unites for E4C

McDougall United Church held two events in December with proceeds designated for **E4C's School Lunch Program**. The events raised \$2070. Individuals from the church also donated, bringing the total to \$2345.



**"I am only one, but I am one.
I cannot do everything, but I
can do something. And I will
not let what I cannot do
interfere with what I can do."**

~Edward Everett Hale. American author (1822-1909) historian and clergyman, former child prodigy in literacy, enrolled at Harvard University at age 13.



A big gift... in 75 little packages

Mother daughter team spread joy to at-risk women with Christmas care packages

Renee Rebryna, pictured at left, her 16-year old daughter and two friends spent a Sunday afternoon putting together Care Packages to be distributed to women and youth by the **Crossroads Outreach** team.

On December 21, Renee and her daughter dropped off 75 packages containing mittens, socks, underwear, toiletries and a treat as well as several boxes of winter coats and clothing.

Mandie Dening of Crossroads Outreach, says the program's greatest need is supplies and personal care products for street-involved women. The donation brought tears to Mandie's eyes.

"This is soooo generous! I can't believe they did this for us. This is a huge cost for us and this helps out tons."



Crossroads offers community and street outreach, housing and support to youth, women and individuals who work on the streets or who want help to exit prostitution.

Crossroads provides housing, outreach, basic needs, transportation, food, protection, and a safe place.

Care Packages are always needed and can include:

- Toothbrushes
- Travel Toothpaste
- Travel Shampoo and Conditioner
- Nail Clippers
- Comb or Brush
- Deodorant
- Tampons
- Socks
- Mitts
- Underwear

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If you have any
comments please
contact us:

info@e4calberta.org

www.e4calberta.org

Phone: 780-424-7543

Fax: 780-425-5911

9321 Jasper Avenue

Edmonton, AB

T5H 3T7



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