



**E4C**

ANNUAL REPORT 2008



**Change the  
world?**

**Start here.**

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# REPORT FROM *Reports* THE BOARD PRESIDENT & CHIEF EXECUTIVE OFFICER



**Michael Farris**  
Chief Executive Officer

As one of the most diverse human services organizations in North America, E4C serves a broad population of people challenged by poverty, hunger, inadequate housing, illiteracy, addictions, high-risk lifestyles, cultural barriers and isolation.

2008 marked the thirty-ninth year of E4C operations, a year of both renewal and innovative growth. Our continuing work as a catalyst of change—striving to create opportunity for transformational change for our service users, staff and partners—took on new emphasis. This incorporated new collaborations and partnerships, the refinement of current services and programs as well as the launch of new initiatives.

Among the actions and achievements of 2008:

E4C achieved all our ‘going forward’ challenges outlined in our 2007 Annual Report:

- E4C opened Crossroads Downtown, a transitional housing and support program for people previously enmeshed in street life and who sought guidance, practical support and a place of new beginnings
- E4C led the development and began operation of the Housing Support Services Hub, an award winning, innovative partnership of 14 agencies working collaboratively to intervene in homelessness
- E4C’s Case Management Team achieved full operations and E4C’s Women Moving Forward Project developed and brought focused resources to our work with homeless and unemployed women
- E4C’s School Lunch program grew and delivered healthy food to hungry kids and employed local people in providing close to 430,000 meals a year
- E4C’s Kids in the Hall Bistro underwent much needed renovation and renewed its partnership with the Métis Nation of Alberta
- E4C’s Early Head Start Program opened a new service site in southeast Edmonton in response to well established need
- E4C acquired a new housing resource to operate on an ongoing basis as affordable housing for people of very modest income
- E4C personnel contributed to creation of the City of Edmonton Plan to End Homelessness

Our partnerships and collaborations continued to grow through 2008. Work with sister agencies through the Inner City Youth Housing Project, Partners for Kids, the Inner City Agencies Foundation (Mac & Cheese Luncheon), City Centre Education Project, Breakfast for Learning Alberta, the Edmonton Head Start Project and others all continue to find ways to make a positive difference in our community.

We are deeply indebted to contract and grant funding partners for their support, collaboration and the shared vision for making a lasting difference. Among these partners are Homeward Trust, the City of Edmonton, the Province of Alberta (through various Ministries), the Government of Canada, the Métis Nation of Alberta, United Way and the support of foundations, both public and private. This ongoing support is a source of significant capacity for E4C – both in terms of collaboration as well as



## Change through Courage

Overcoming adversity requires real courage. We recognize the courage of people and support them in making lasting change.

financial resources. Building vehicles that provide for lasting change takes time, vision, innovation, courage and determination. Our partners have these characteristics and make our work possible.

E4C continued its evolution as an organization dedicated to resolving the root causes of risk, jeopardy and dependency for vulnerable citizens. Our programs and staff continue to develop a repertoire of services that offer opportunities for transformational change by fostering new skills and abilities, developing positive, new connections and resources, by building on individual strength and capacity and meeting our service users at their starting point. E4C staff continue to develop strong skills through collaborative training efforts and by working in partnership with service users they create transformative events. E4C continues to create opportunity to involve our personnel in the development of services and in the decisions that define our relationship with our personnel.

E4C continued its internal evolution, reorganizing to increase our capacity and to create structures and practices to support ongoing adaptation. E4C plans for change but we also respond to emergent issues. We constantly monitor the community and its needs, issues and capacity. We also continuously seek to improve our skills, abilities and approaches.

E4C continues to be a source of new beginnings, new achievements and a source of expanded life chances for our thousands of service users. We are indebted to our service users for the trust that they extend to us at a time of personal crisis and need. Their achievements and successes are the wellsprings of our motivation.

How do we go about changing our world? Our vision is inclusive and empowering. We work to create transformative opportunity for people, families and neighbourhoods; a vision where people can utilize their respective gifts in contributing to a healthy, vibrant and sustainable community. E4C believes that this begins with individuals and families and their interaction with one another in local neighbourhoods composed of caring neighbours.



**Kristin Morra**  
Board President

E4C operates from a simple premise—we want and expect to make a difference in our community.

Kristin Morra  
Board President

Michael Farris  
Chief Executive Officer



# GUIDING PRINCIPLES *Foundation*

E4C commits to changing lives for the better and to growing stronger communities:

- We shelter the homeless
- We care for people in need
- We feed hungry people
- We provide a range of affordable & supportive housing
- We increase the capacity of individuals, families & community
- We build family strength & child success through parenting, early education, training, classes & supports
- We offer diverse services, providing people with skills, personal competency & capacity growth & connections in the community
- We strengthen the charitable network & expand its capacity

## OUR MISSION

E4C values live strongly in our services. We accept people at their starting point and create transformational potential that changes lives. E4C builds strength, capacity, inclusivity and understanding.

## OUR VISION

E4C is an active, supportive and empowering presence at a time of individual, family and community need.

E4C creates opportunities for people to become self-supporting.

E4C leads in the growth of an inclusive, caring community.

E4C is dedicated to ongoing improvement of current services and responds to emergent need by implementing new and creative services in our areas of expertise.

## OUR PHILOSOPHY

We accept people at their respective starting point.

Each person is entitled to a full measure of dignity and respect.

People have the right to be involved to the greatest degree possible in the decisions that affect them.

We plan for and work with individuals and build their strengths and assets.



## Change through Compassion

Compassion grows from understanding. We believe in the value of each person and demonstrate compassion in every aspect of our work.

## OUR VALUES

### Courage

Overcoming adversity requires real courage. We recognize the courage of people and support them in making lasting change.

### Compassion

Compassion grows from understanding. We believe in the value of each person and demonstrate compassion in every aspect of our work.

### Connection

Everyone needs to belong. We work in partnership to help people make positive connections and build healthy relationships.

### Commitment

Lasting change takes time. We honour our commitment as partners in change with people and community.

## OUR PROGRAMS

Since 1970, we have been working with people in Edmonton to meet their basic needs, build on their strengths and move towards a better life. Our diverse, innovative programs help families and individuals of all ages, backgrounds and life situations.

All E4C services and programs are guided by our belief that everyone is entitled to a full measure of dignity, respect and compassion. Together with our program participants and our partners, we are building positive, vital lives for individuals, families and communities.

We focus on people.

E4C is present and active at a time of need. We provide a full range of programs and services.

Our innovative programs provide comfort and care with transformative services that lead to positive change, and increasing capacity.

Our efforts are defined by :

- Compassion
- Commitment
- Collaboration
- Connection

We make positive life changes happen by working in partnership with people, interest groups, sister organizations, mandated authority and the community at large.



# E4C *Services* PROGRAMS

## Trends:

- 1.2 million children now live in poverty.
- 40.0% of all immigrant children in Canada lived in poverty.
- Children living in single parent families also face increased risks of poverty. While there is a 12% child poverty rate amongst couples with children, the rate is 52.2% for children in single parent families.
- An estimated 16,282 Alberta children (11.5%) aged 0 to 3 showed delayed motor and social development.



*"I love ArtStart because I feel free when I dance...I can be who I want to be."*  
 – ArtStart Student

*"Piano lessons and art classes are a luxury. Without ArtStart, my daughter wouldn't have the opportunity."*  
 – ArtStart Parent

*"I look forward to teaching these children every week—they are my saving grace from a hectic week!!"*  
 – ArtStart Volunteer

## EARLY LEARNING *Services*

E4C's Early Learning Programs focus on young children and their families living in poverty. Early intervention helps children living in vulnerable situations reach their full potential.

By taking a holistic approach to addressing a variety of needs, these programs:

- Build on the participants' strengths
- Enhance development of each child or youth
- Prepare participants for positive school experiences
- Help parents play a positive and active role in their child's or youth's learning
- Support families with the multitude of complex issues that go hand-in-hand with poverty
- Provide exposure to the arts

The demand for these programs continues to grow but with the help from our staff and volunteers the children, families and the programs will also grow and flourish.

The Family Literacy Coordinator has been making many community connections and enhancing literacy development within existing partnerships. Both Early Head Start and Clareview Head Start are in the process of developing literacy-friendly environments.

### ArtStart

ArtStart is Edmonton's only multi-disciplinary arts program for children from low-income homes. The students, age 5 to 14, not only take classes in art, drama, dance, music and creative writing, but also go on field trips to local artistic events as well as receive scholarships for further artistic education and give back to the community through art shows and performances.

ArtStart is a volunteer based program and without the support of these skilled, dedicated volunteers this program for young artists would not be possible. Through the work of committed and supportive volunteers and sponsors, ArtStart was able to launch a calendar in 2008, with funds going towards purchasing musical education material.

There were a number of unexpected staffing and volunteer changes during the year. However, the program is striving to sustain and recruit new volunteers and augment funding sources. Restructuring is under way to ensure the delivery of a high quality program for children.

ArtStart continues to work on improving awareness through networking opportunities and visits to more than a dozen schools. ArtStart also began offering programming out of a new school site in 2008 and the plan is to have ArtStart offered out of two schools next fall.





### Clareview Head Start

Clareview Head Start Program celebrated 15 years of service to families in need in 2008. The program supported 227 children, 277 adults and 216 families.

Head Start provides comprehensive pre-school and family support programs for families with low incomes. It offers an environment where children learn through exploration and interaction with other children and adults. The program encourages parents and guardians to participate and be involved in setting developmental goals for their child. Parents and guardians are supported in the program through regular home visits, weekly parent groups and family goal planning.

Clareview Head Start also worked to become more responsive to the cultural differences. In May 2008, the program hosted a week long Multicultural Celebration where they honoured several of the different cultures of our families. Parents were invited to share stories, recipes for snacks, songs and dances. We have continued celebrating all of the diverse cultures within families into the new school year with classroom celebrations of Ead, Ramadan, Christmas, Diwali and Chinese New Year.

Clareview Head Start became one of the host sites for Making Tax Time Pay, a free tax preparation program for low income earners. Over 20 members of the community had their taxes prepared by volunteers and also had the opportunity to meet with a specialist to discuss eligibility for tax credits. Not only was this a vital service offered to community members, but was also a wonderful opportunity for them to visit Clareview Head Start and learn about the programs offered.

The other major challenge faced was the consistently high number of children and families waiting for services, which ranged from 30 to 50 children, depending on the time of year. The program increased its capacity by 32 Head Start spaces; unfortunately, there was still a high number on the waiting list by the end of 2008. However, by maintaining a positive presence in the community and a relationship with several community service agencies, the program was able to refer several families to needed supports while they waited for a space to become available.

Clareview Head Start works in partnership with Children and Adolescent Services Association, Alberta Health Services, Edmonton Student Health Initiative Partnership and the Interagency Head Start Network.

### Program Facts:

- English is a second language for 31% of our families.
- Over 90% of our families rely on free transportation to be able to access the program.
- 77% of our families have an annual income of less than \$30,000.
- 42% of our families are non-aboriginal Canadian-born, 13% are Aboriginal and 45% are immigrants or refugees.
- 53% of our families do not have an education beyond High School.
- There were 44 Parent Group meetings in 2008.
- 90% of the parents joined us for Family Conferences in December 2008, where parents had an opportunity to meet with teachers and staff to share in their child's learning and success stories.





"Thank you for the snack program. I really like the granola bars they taste good. I like the carrots they taste yummy. I am hungry when I come to school and the snacks fill me up and give me energy."

Your truly,  
Taylor.



Dear Donor,  
Thank you for donating to the School Lunch Program. I really like the beef and macaroni casserole. It comes with bread and butter plus peaches, I am allergic to milk so I get juice. After lunch I can always focus on my work and never have to worry about being hungry. After school when I go out to play with my friends I always have enough energy. My Grandma really likes that the lunch doesn't cost a lot. I get to sit with my friends and that's a big bonus. The lunch ladies... are really nice and always give huge helpings. Thank you  
Sincerely, Kacee K.

### Early Head Start

Early Head Start is an early intervention program providing support, information and services to families and children (pre-natal through 3 1/2 years) in five sites throughout Edmonton. The focus of Early Head Start is on enhancing child development by supporting the family as primary educators of their children during the critical first three years of the child's life.

Early Head Start targets three key areas:

- Child development: including health, social, cognitive and language development. We provide families with information, support and services to best support their children's development at that time.
- Family development: promoting family health and positive relationships between parents and children.
- Connecting families to their communities through appropriate referrals, community collaboration and integration of services to support families with young children.

In 2008, the program helped 318 young children and their families to succeed by giving them the tools to build healthy and positive relationships. Through home visits, play group, parent groups and community connections the program provides comprehensive, long term support to families.

### Northeast Community Program

The Northeast Community Program works to engage children and youth aged 8 to 17 in safe, positive activities by offering recreational and prevention-based programming. In 2007, E4C ran a successful pilot program called SKILLS to develop preventative life and social skills for 40 at-risk children and youth in the northeast Edmonton area. From its surveys, 75% of our participants indicated they learned important and useful life skills. Feedback from teachers, parents, youth and other community representatives indicated a need for further prevention programming in the northeast Edmonton communities.

A grant from FCSS (Family and Community Support Services) for 2009 will enable the program to move from offering the program at its previous drop-in site to a preventative outreach program at a school site. The program will focus on teaching children important life and social skills that will make them more resilient, enhance their relationships, give them positive techniques for taking responsibility for their actions and help them to strive to make positive choices. A strong community involvement component will also work to help the children understand that they are a part of their community.

## NUTRITION *Services*

### School Lunch Program

The **School Lunch Program** was formed with the support of the Child Poverty Action Group 15 years ago. The program began with 2 schools feeding 300 children. Today, the School Lunch Program includes 2,300 students in 12 high-needs Public and Catholic schools. The students are provided with a hot, nutritious meal each school day. In the 2007-2008 school year, the program served approximately 418, 600 meals to students from Kindergarten to Grade 9.

By providing a well-balanced lunch to children, the School Lunch Program is helping children to concentrate on their schoolwork and not on their hunger. The program positively influences student behaviours, attendance, morale, concentration and learning ability, eating habits and the social climate in the school.

### Snack Program

The Snack Program provides a nutritious mid-morning snack each school day to 5,763 elementary school students and a breakfast to 342 junior high students in 32 high-needs schools. This helps to ensure the healthy functioning of active young minds and bodies. The program has a highly



## Change through Connection

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beneficial impact on the children because the hunger of students is satisfied and they are better able to learn and focus. The Snack Program serves approximately 1,048,866 snacks and 62,244 breakfasts to students each year.

### Summer Snack Program

The Summer Snack Program was initiated to 'fill the gap' left by the absence of school snack and meal programs in the summer. The program addresses child hunger in the summer months by providing snacks to children in high-needs park sites around the Edmonton area. Nutritious snacks are prepared by volunteers and delivered to children participating in the City's Green Shack Program in playgrounds. Children receive a variety of healthy snacks including foods from two of the four food groups. Nutrition education activities involving children at the playgrounds has also been incorporated into this program. Yearly 1,300 to 1,500 children register for the program. On average, 700 snacks are prepared and served each weekday to school aged children at the park sites in July and August. The Snack Program began in 1997 in 9 playgrounds and has grown to include 41 locations.

### Young Chefs

Young Chefs allows children to build on their skills and knowledge in meal preparation, food safety, kitchen clean-up and teamwork. Social and team skills are also developed. Children enjoy eating the food they have prepared at each session and often take the recipes home to share with their families. In the 2007-2008 school year, 285 students in Grades 4 to 6 had the opportunity to participate in the program. This program also helps to develop capacity building by providing the skills these children will use later in life to become more food secure.

### Collective Kitchen

A Collective Kitchen for adults has been offered since 1997. Collective Kitchens are small groups of community members who get together once a month to plan and cook meals to take home to their families. By cooking together both time and money are saved. Participants have the opportunity to learn and improve basic cooking skills, share ideas and exchange recipes. On average participants cooked for approximately 18 individuals during each session of Collective Kitchen. Participants have expressed how much it means to have the opportunity to work together to make a variety of healthy cost-effective meals to take home. Participants are also able to socialize with fellow community members as well as meet new members from surrounding communities. The cost for participants is \$3 per person that they are cooking for. Our program matches the participants' contributions.

### Community Garden

The Community Garden was developed beside Alex Taylor School in 2004 as a food security resource for E4C programs and local community residents. Each garden member plants and maintains their garden space. Gardeners also work collectively on common areas in the garden. In the summer of 2008, 9 gardeners participated and harvested in the Community Garden. Every season brings a wonderful mix of vegetables, herbs, fruit and flowering plants. Gardeners have commented on the benefits of belonging to a community garden including reducing their grocery bill, relieving stress, connecting with the land/nature and meeting new people. We also support a healthy environment at our garden through organic gardening practices, composting and rainwater collection.

**"The lunch program is awesome! It is awesome because the lunch program prepares food for us everyday at school. The lunches are healthy and delicious. We really appreciate it. Thank you for giving us food to eat. If we did not have food from you we would not have any lunch to eat. So we would really like to thank you for that. We really like that you spend time to provide us with healthy food for us to survive. From the wonderful kids, Kyle, Chance and Diana"**



**"In Young Chefs I learned how to cook and clean up after we're done. I learned to make yummy food like spaghetti. I learned to be a team player and work together to get the job done. I learned about kitchen safety, to read recipes, to be clean, and to measure. Our teacher Arlene was so nice to us. She was the best teacher and I really want her to come back with us!"**  
- Tasha

# TRANSITIONAL Services

## Crossroads

Crossroads offers alternatives, support and hope to sexually exploited youth and adults dealing with issues surrounding addictions, abuse, poverty and homelessness.

Crossroads' programming is planned and provided in accordance with each individual's needs. Aside from meeting immediate basic needs, the program also provides individuals with connection to community resources and ongoing support. Service users are provided with the tools to address physical and mental health issues, addictions, employment, homelessness, poverty and exploitation. Crossroads recognizes that change takes time and offers ongoing support to aid a person in acquiring new behavioral skills and to reconnect to family, community and other support systems in a positive way.

Crossroads' programs consist of three related services with a distinct focus:

**Crossroads House** is a residential program for up to five youth who are sexually exploited, at risk of becoming exploited or are engaging in high-risk behaviors. In 2008, 28 youth received vital services within this transitional housing program. Crossroads House continues to be a partner program with Alberta's Protection of Sexually Exploited Children Act, Edmonton and Area Children and Family Services, Placement Coordination Unit and High Risk Youth Initiative.

**Crossroads Outreach** service users received a wide range of services including health and safety information, advocacy and referrals. Services are delivered through an outreach van as well as a drop-in office located at Alex Taylor School. Individuals were supported in their efforts to connect with various community agencies. Outreach workers are available to offer ongoing support to individuals wishing to exit prostitution. In 2008, Crossroads outreach workers served over 500 people and had over 1,470 street contacts with an estimated 420 individuals active in street prostitution. In addition, staff received over 1,180 phone requests and office visits for assistance from over 350 individuals.

**Crossroads Downtown** opened in December of 2008. The program provides short-term transitional housing and follow-up support services to street-involved women and transgendered individuals aged between 24 and 45 years. Six individuals were provided with a safe, affordable and supportive homelike setting where they could stabilize and consider life options outside of sexual exploitation and homelessness. Both Crossroads Downtown and Crossroads outreach participated in community collaborations such as Prostitution Awareness and Action Foundation of Edmonton (PAAFE), Client Support partnerships, court diversion, and advocacy for additional community support for sexually exploited individuals.

## Elizabeth House

Elizabeth House provided housing for 83 homeless women wanting to transition back to the community.

This year Elizabeth House used the services of E4C's Case Management Team and Housing Support Services Hub and found that these added supports increased the stability of the women once they moved out. The program increased its staffing model, which had a dramatic positive result with service users.

Elizabeth House continues its partnership with its generous community supporters. Riverbend United Church provides much needed furniture and other household supplies for the women moving out into the community. Saint Faiths Church provides the residents with much appreciated Christmas gifts.

## Women Moving Forward

Women Moving Forward is a pre-employment program for service users of Elizabeth House, the Women's Emergency Accommodation Centre and who face multiple barriers which increase



The occupancy rate at Crossroads House increased 6% from last year.

There was a notable increase in the number of youth receiving secondary education in 2008, either at a public school or through correspondence.

Crossroads Downtown has been able to successfully transition six individuals into an independent living situation since the opening program in the winter of 2008.

Crossroads Downtown will open another housing unit in early 2009, enabling us to serve 12 individuals.

Crossroads Outreach has begun doing early morning and late night Street Outreach shifts in order to reach a greater number of individuals. These shifts run from 5 a.m. to 9 a.m. and from midnight to 4 a.m.





## Change through Commitment

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We honour our commitment  
as partners in change with  
people and community.

their risk of homelessness. The program assists participants in achieving stability by addressing a large range of life-functioning issues. In 2008, 77 women participated in the program.

Women Moving Forward helps by facilitating access to government and community resources, enhancing employment and skills training readiness, providing access to training opportunities, and ultimately by helping women find and maintain employment. The program uses an individualized and holistic approach to increase each participant's capacity for self-sufficiency. Part of their approach is recognition of the value of connecting to community and culture.

Women Moving Forward provides participants with opportunities to attend and participate in cultural events and activities with the goal of promoting a sense of inclusion and belonging. The program is also committed to encouraging connections with prospective employers. Therefore, liaising with employers, job shadowing and job development are all essential to the program's approach.

Women Moving Forward is a partnership with the Métis Nation of Alberta and Alberta Employment and Immigration.

### Women's Emergency Accommodation Centre (WEAC)

The Women's Emergency Accommodation Centre provides food, shelter, respite, referrals, hospitality and support in a non-judgmental, safe environment to over 900 women in need. This secure, supervised facility in the Gibson Block operates 24 hours a day, 365 days a year. WEAC has the capacity to house 75 women and this supportive, secure environment provides the women a sense of stability, which is the first step in empowering the women and assisting them to independence.

WEAC operates on the principle that women's lives will improve if we affirm their humanity and dignity, and support them in bringing their life improvement plans into action. The program believes in openness and acceptance and offers many second chances, opportunities and possibilities.

Throughout 2008, WEAC maintained a high occupancy rate and the average length of stay was 39 days. The part-time Outreach Worker was able to secure permanent accommodation for 93 women. Many other women were also placed in housing by E4C's Case Management Team, Women Moving Forward and the Housing Support Services Hub.

With creative menu planning, WEAC was able to serve 43,156 nutritional meals and provided 3,635 bagged lunches. WEAC houses a health care clinic on the main floor, which is operated independently by the Boyle McCauley Health Centre and is open 4 days a week.

Many of the women who have found community housing still maintain a relationship with WEAC. They access some services, allowing for continued follow-up and support. Former residents also act as a positive influence on current residents.

Generous donations from the community allowed the program to purchase 66 new single beds with steel frames. This is a most welcomed addition to the bedroom at WEAC as there is nothing like a comfortable place to sleep to help the women through a difficult day. In-kind donations helped to provide basic care packages to women moving out, that included bedding, linen, personal hygiene products and a food hamper.



"I live at WEAC cause I have nowhere to go,  
They give me food and shelter and nice new clothes.  
The staff are all very friendly, and treat us very kind,  
Even though I'm homeless, I really don't mind.  
They help us as much as they can  
And even try to understand.  
We all come from different places,  
They help us put back all the pieces.  
They often times have to clean our mess for that  
we are truly blessed.  
We all live together and try to get along,  
Encourage one another till our fears are gone.  
I'm thankful for the friends I've made  
For these life's trials I'll never trade.  
I've learned so much while living here  
Had so many people say "it'll be OK, dear!"  
Thank you staff at WEAC that we have somewhere  
to go. . .  
It's way to cold outside to be sleeping in the  
snow."

From: All the ladies that have been helped in their  
time of need,  
When we live in a world that's so full of greed!

- WEAC Resident

# HOUSING & MENTAL HEALTH *Services*

E4C believes that everyone deserves more than just a roof over their head. E4C is committed to providing and advocating for a range of affordable housing alternatives where those of modest incomes can have a safe, affordable place to call home.

**G-C Place** is a two-storey building containing 12 bachelor suites for low income persons.

**Gold Nugget Suites** offers 10 self-contained bachelor suites for low income singles.

**Holmes Place** has 10 one-bedroom units and is a long-term, third stage supportive housing project.

**Our Other Place** contains nine self-contained suites for women.

**Sorensen Place** is a 17-unit apartment facility that provides affordable housing for people with a history of mental illness who are capable of independent living.

**Stollery Place** is a two-storey building which offers 18 bachelor suites for low income people.

## Case Management Team

The Case Management Team provides comprehensive supports to homeless individuals, or those who are at risk of losing their housing to secure and sustain safe, appropriate and affordable housing.

The program provides 24/7 assistance for up to a year, with an emphasis towards assisting persons to access essentials such as financial supports, medical attention, legal advice, employment opportunities or public transportation. This gives individuals a foundation on which they can make informed decisions to advance their lives towards self-sufficiency, feel better about themselves and become more effective participants in their communities.

Since the inception of the Case Management Team in 2008, staff have housed 70 people and continue to make great strides in assisting a portion of our community which is often neglected.

## Supported Housing

**McCauley Apartments** is a long-term supportive housing program with 38 subsidized two-bedroom suites. Twenty-six suites are designated for people with mental health issues. The program utilizes a Community Development Model which encourages the active involvement of people in the issues which affect their lives. It focuses on the relationship between individuals and groups and the institutions which shape their everyday experience.

The goal for this program is to build positive relationships between the apartment residents and their community. The residents are involved in several successful community projects, such as free guitar lessons, a community clean up that had close to 100 volunteers, an inner city summer camp, a Sunday games day and the WeCan Food Basket (food co-op).

McCauley Apartments is a partnership project with Capital Region Housing Corporation.

**Meadow's Place** provided assisted living for 23 adult men with mental health issues. The program staff strive to create a path of positive change in the residents' lives.

2008 was a year of new challenges and activities for the residents. Many in the past had fears of large groups which left them feeling trapped and vulnerable. This year they participated in many trips such as camping at Moonlight Bay, day trips to the Valley Zoo, Ukrainian Village, Edmonton





Eskimos games, the Folk Festival, movies, and also weekly workouts at Kinsman Sports Centre. As a result, residents developed a more positive self-image and a stronger focus on health and also developed stronger goal setting skills.

**Our Place** offers long-term housing, support and comfort to 10 women with a history of ongoing mental illness and low income in a warm, relaxed home. Our Place combines 10 private rooms with communal dining, living and quiet rooms, and is wheelchair accessible. The program offers 24 hour staff support for daily living skills, medication and recreation.

Each resident works together with staff to determine and create a goal plan. The goals set are realistic and achievable for each person. Goal examples are: getting more exercise, learning how to cook, doing volunteer work, getting out and keeping busy, learning how to do chores, and anger management. It is important that residents keep active in the community and they are encouraged to be part of something outside the home. New residents can be reluctant to get out into the community due to a history of depression and isolation. The staff works along with the residents and the community health nurse to break this cycle of loneliness and isolation. Some of the activities that residents get involved with include baking, arts and crafts and YMCA fitness. This has resulted in a significant positive change in clients' mental health.

Other recreation activities planned for the women by the outreach worker included the Edmonton Folk Fest, A Taste of Edmonton, video nights, a picnic in the park, visits to museums, swimming, Bright Nights, Festival of Trees, wiener roasts in the back yard, coffee at the neighbourhood coffee shop and celebrations for special occasions. Residents also participated in a joint inner city mental health camp where they enjoyed boating, fishing, crafts, board games, outdoor sports and campfires. These activities are considerable accomplishments and assist residents to feel they are part of the community.



## YOUTH *Services*

### **Kids in the Hall Bistro Program**

Kids in the Hall Bistro Program helps at-risk youth between the ages of 16 and 24 gain knowledge and skills necessary to be successful in an educational or employment setting. In 2008, 98 youth attended life skills training, 48 youth gained work experience at the Kids in the Hall Bistro and 212 youth were provided with assistance and referrals to community resources.

Many of the youth in the program come from unstable home environments and are facing multiple barriers to schooling and employment. Program graduates leave with concrete employment skills, life skills, competency in various food service industry roles, work experience and basic understanding of business practices. They also learn to understand their responsibility for their own career development, increased self-esteem and sense of self-worth.

For the first time since inception the Kids in the Hall Bistro underwent comprehensive renovations bringing a fresh new contemporary look. These renovations also increased the capacity of the program, bistro and its catering.





# IN THEIR WORDS



Hi, my name is Bobby. I've been a client of Meadow's Lodge since last November.

I was fortunate it was my second application to Meadow's as I declined a spot available to me earlier on. I have to admit I was afraid and a bit intimidated as I've had a couple bad experiences with other group homes in the past. I also wasn't sure if I was up to the task of routinely doing chores especially cooking for twenty people. So I declined the spot and went back to independent living.

It wasn't long after that I found the situation unbearably stressful and suffering from an anxiety disorder didn't make it any easier. In addition to that I didn't have the network of support that I'm so fortunate to have here at Meadow's. After a brief period in hospital, I was really hoping that Meadows would consider me a second time. To much joy I got a second interview and was accepted. I haven't looked back since.

It's true though that I wasn't entirely sure of what to expect when I moved in. I got a lovely warm, clean room, nicely appointed but I was still worried about how I would do with the cooking and the chores. I wasn't used to cleaning on a scheduled basis and although I am a chef by trade, I have to admit I was a little nervous cooking for the first time. However, I found that I soon got used to the chores and found my tempo in the kitchen with kind supportive encouragement that is almost in overabundance here at Meadow's. Both from staff and other residents.

The outings we go on seem fun and there is a good variety to choose from. I still suffer to some degree from my anxiety disorder, so I have yet to join in on one of the many outings the other residents seem to enjoy so much. Hopefully I will soon be able to join in on the fun.



In closing I would like to mention the things I have really come appreciate in living here at Meadow's Place. One is the camaraderie I see with residents without which I really can't see enjoying life to the degree which I do. Secondly is in the nurturing supportive environment created by staff here. I am very grateful to have access to the knowledge and support provided by all the staff. Just knowing there is someone that can help nearby is very comforting and something I hold as precious.

I would like to take this opportunity to thank all staff at Meadow's Place for supporting me in my life and my various endeavors.

Best wishes to you all.

I thank God that this place is here.

Bobby



Thank you so much for being there when I needed a place to stay. Your help and kindness is truly appreciated and I am very grateful. Diane



In January of 2008, my 4 ½ year old son began attending Clareview Head Start. Little did I know that within a year, I would be working here. The impact that this school has had on my life, needless to say, has been tremendous.

Not only did the pre-kindergarten program prepare my son for kindergarten, this program also opened up opportunities for me. Each staff member with whom I was involved as a parent, nurtured, comforted, and supported me in some way. Their knowledge, advice and example setting helped me with my challenges of single parenting.



The greatest impact of course, has been the opportunity to work here. As a parent, I volunteered in the kitchen, participating in snack preparations and baking, one of my favourite hobbies. The former snack coordinator also explained some of her administrative activities. Overall, the job was very attractive to me as I had been working in unchallenging retail positions on the weekends for the past two years, after having left an unhealthy marriage. The rest of the time I was a stay-at-home mom, which now that my children were entering school, was becoming just a bit tedious! I needed a challenge. So when the snack coordinator decided to try something new and I was offered her position, I was so excited.

My life now has taken a wonderful direction that would not have been possible without that initial involvement at Clareview Head Start. Though, not every parent who sends his or her child through this program will find a job here, they *will* find confidence building, support and friendship. I do not believe that anyone who is in contact with the staff at Clareview Head Start do not go away without part of their lives changing for the better.

Sincerely,

Chantel Isaak  
Snack Coordinator  
Clareview Head Start





# PARTNERSHIPS

## *Collaborations*

### Key Partnerships

In our commitment to growing stronger communities, E4C is active in a number of partnerships and collaborations to address established and emerging community need. E4C also serves as a facilitative and empowering body for emergent services to develop and operate, thereby strengthening and expanding the capacity of charitable network. In 2008, E4C played a collaborative role to administer, operate and/or facilitate the following major projects.



#### Inner City Youth Housing Project

The Inner City Youth Housing Project is a Joint Venture Partnership between E4C, Bissell Centre, Boyle Street Community Services and Youth Emergency Shelter Society. The Project provides safe housing and support services to homeless or street involved youth, and has a capacity to house up to 29 youths in six different homes across five central Edmonton communities. The past year, E4C supported the Inner City Youth Housing Project with the development of human resources policies and approaches, information management and loss prevention.

#### Edmonton Head Start Project

Edmonton Head Start Project is a collaboration between E4C, ABC Head Start and Oliver Centre to provide half-day Head Start programming across 15 locations in the city of Edmonton. Edmonton Head Start Project serves over 520 children and their families each year representing over 20 cultural and language groups. E4C is the sponsor organization, handling project financial administration and chairing the project Steering Committee. The three agencies forming Edmonton Head Start also work together within a larger Interagency Head Start Network inclusive of a continuum of Head Start programs: Early Head Start, Aboriginal Head Start, Full-day Head Start, and Resource Supports for Early Learning and Care.



#### Inner City Agencies Foundation

The Inner City Agencies Foundation (ICAF) is a joint initiative that combines the efforts of seven inner city agencies to fundraise for and provide a network of services to alleviate poverty-related problems such as housing, addiction, healthcare, nutrition and education in Edmonton. ICAF members include: Bissell Centre, Boyle McCauley Health Centre, Boyle Street Community Services, E4C, Edmonton Inner City Housing Society, Edmonton People In Need Shelter Society and Operation Friendship Seniors Society.

ICAF initiatives comprise 3 major events: Inner City Awareness Week, which runs the third week of March; the Inner City Roast Beef Dinner, which provides a warm meal to over 800 inner city residents each year; and the Mac & Cheese Luncheon which provides valued support to ICAF's ongoing initiatives.



### Breakfast for Learning Alberta

Breakfast for Learning Alberta (BFLA) supports child nutrition programs by working with schools and community groups to establish breakfast, lunch and/or snack programs. BFLA provides programming support, including financial assistance in the form of grants. Breakfast for Learning Alberta was formed in 2004 with the support of E4C, when Breakfast for Learning wanted to form an Advisory Council in Alberta. Since then, E4C has acted as the sponsor organization for Breakfast for Learning Alberta, administering operational funds and serving as Treasurer of the BFLA Advisory Council.

### M.A.P.S. Alberta Capital Region

M.A.P.S. Alberta Capital Region supports local area networks of human service providers within the Region in planning together by creating maps and assisting with their use within the planning process. The project is funded by the Community Partnership Enhancement Fund, with the intent to support community mobilization and planning that benefits children, youth and families. Since 2004, E4C has acted as the project's sponsor organization, handling its financial administration and supporting its human resource management.

### Housing Support Services Hub

The Housing Support Services Hub is a collaboration of 14 Edmonton human service agencies supporting individuals who are homeless or at risk of becoming homeless. The Hub was conceived on the philosophy that the accumulated expertise of all partnering agencies is greater when utilized in a coordinated way.

The Housing Support Services Hub adds value to partnering agencies by enabling each agency to better support the needs of their service users, thereby increasing the likelihood of successful housing outcomes. Through the resource sharing, collective knowledge building and service coordination, the Hub presents a model on how to foster a culture of collaboration to improve housing outcomes for families and individuals facing homelessness in our community. The Hub's three core services: coordinated landlord recruitment, inter-agency case management, and financial administrator/money management services, are delivered in coordination with support services provided by partnering agencies.

The Housing Support Services Hub began operating in August. So far, its work has enabled 79 persons from 45 households to acquire and maintain safe, affordable and adequate housing, and resulted in increased awareness, willingness, and interest from additional community organizations and government departments to work together on housing solutions for homeless persons. E4C is the project's sponsoring organization, responsible for financial administration, human resources, risk management and chairing the Hub Agencies' Council that oversees the work of the project.





# E4C VOLUNTEERS

## Volunteers Make a Difference

Volunteers are a critical part of the work that we do at E4C.

ArtStart is a program that is made possible only by the goodwill, time and support of volunteers. Forty-eight dedicated volunteers offered 2,448 hours of instruction in music, drama, visual arts and other art classes to students.

Crossroads Outreach has a group of 33 dedicated volunteers that provided 330 hours in the outreach van connecting with sexually exploited women on the street.

Early Learning Programs count on volunteers for support to play with the children and ensure their safety while parents attend programming. Over 45 volunteers provided over 500 hours at Early Head Start and Clareview Head Start programs.

Thirty volunteers provided 260 hours preparing thousands of snacks for children at our Summer Snack Program sites.

WEAC has 35 volunteers providing almost 800 hours of comfort, care and guidance to women in need. They also provide food and access to clothing donations and volunteers assist in building maintenance and upkeep.

The number of volunteers actively involved in demonstrating commitment, connection, courage and compassion to the service users and to the organization is truly amazing. E4C would like to extend our deepest gratitude and appreciation for all of the work that you do.



“When you volunteer, you give part of yourself, your time, energy, skills and feelings. You give to your family and friends, to your neighbours and to your community.

Never doubt that a small group of committed people can change the world.”

- M. Luiza Coelho



Volunteer painting E4C building in Community Garden



E4C is a diverse, vital, proactive, creative and innovative organization.

Volunteers from the Hotel Macdonald during their annual Autumn Harvest Dinner at WEAC

### Making a Difference

I've been volunteering for Crossroads, gosh, more than six years now and I'm sad to say I'll be leaving next month. My husband Dan got a job in Ottawa and we'll be moving.

I just want to say how much I enjoyed volunteering and how much I respect what Crossroads does for a demographic of people too often derided or ignored in our city. It's been entertaining at times, humbling at others, but always an education.

I know Crossroads struggles sometimes to stay afloat with money and staff but you do amazing work. Every shift, women come to the van and thank us for small mercies. I felt proud to be a part of your organization and I will miss the work.



I started volunteering because I'm a freelance writer and I thought I might write about this hidden lifestyle one day. But it became more than that. Looking at the women gaunt and pale under fashion billboards on 118th Avenue of women gaunt and pale, the lines started to blur.

I'd tell people about volunteering with Crossroads and many seemed amazed that it even existed, and shocked at the number of women we'd see in a night. They'd listen but deep down, you could tell they felt completely removed from those stories. They didn't feel a part of that street world. They had families to go home to every night, bank accounts, life insurance. But we all live here in the city together, some of us shop at the same stores. They are no different than me except most of them didn't have unconditional love and safe boundaries growing up like I had.

Maybe they didn't finish school. Maybe their mother gave them crack at age 11. When you can take the time to really see someone, to talk to them, make a few jokes, learn a few things, you can see that we all want the same things. It's just that some of us get them and some don't.

I have twin daughters who are three. I told them about Crossroads since they always wanted to know where I was going at 8 p.m. on a Thursday night when they were getting their pajamas on. A few days later, we were reading one of their favourite books called Rich Cat, Poor Cat about a hungry street cat that thinks his name is Scat because that's what everyone says when he's around. One time we were reading and Maggie said, "Is Scat like those girls at Crossroads?" Even at age three, they know what loneliness means.

Thank you again. I wish you all luck in your future endeavours. And give your staff pats on the back for me. They work hard."

- Lisa Gregoire  
Volunteer

At E4C we share the vision that:

Positive change is possible.

A caring community is important.

Individual actions can make difference.

People want to be part of something meaningful and bigger than any one person.



# OUR SUPPORTERS

## Funded in part by:

Alberta Advanced Education and Technology  
 Alberta Children and Youth Services  
 Alberta Education  
 Alberta Employment and Immigration  
 Alberta Housing and Urban Affairs  
 Alberta Tourism, Parks and Recreation  
 Canada Mortgage and Housing Corporation  
 Alberta Health Services  
 City of Edmonton  
 Correctional Service of Canada  
 Edmonton and Area Child and Family Services  
 Homeward Trust  
 FCSS (Family and Children Support Services)  
 Métis Nation of Alberta  
 Public Health Agency of Canada  
 United Way of Alberta Capital Region

## Donors

### Over \$50,000

Annie Hole Family Foundation  
 Anonymous Donor  
 Edmonton Community Foundation  
 Grand Prix Gala  
 Harry Hole  
 Landmark Master Builder  
 Stollery Charitable Foundation  
 The Muttart Foundation

### \$20,000 to \$50,000

Dianne and Irving Kipnes Foundation  
 Royal Alexandra Hospital Employees' Donation Fund  
 Royal Camp Services Ltd.  
 Telus Corporation  
 The Law Show Committee,  
 Faculty of Law, U of A

### \$5,000 to \$20,000

Alberta Foundation for the Arts  
 All Saints' Anglican Cathedral  
 Anglican Parish of Christ Church  
 Augustana Evangelical Lutheran Church

Binette Family  
 Butler Family Foundation  
 Canada Lands Company  
 Canadian Centre for Abuse Awareness  
 Civic Service Union No. 52 Benevolent Society  
 Culloiden Holdings Ltd.  
 Dacro Industries Inc.  
 Dell Canada Inc.  
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 Edmonton Public Teachers Local 37  
 Feeding the Soul  
 First Baptist Church  
 Hospitaller Order of St. John of Jerusalem  
 McDougall United Church  
 Robert and Susan Paul  
 REALTORS Community Foundation  
 Rolling Mix Concrete  
 Rossdale Community League  
 Rotary Club of Edmonton Northeast  
 The Children's Emergency Foundation  
 Urban Systems Foundation  
 John Van Aerde

### \$1,000 to \$5,000

Darlene Acton  
 Al Amira Temple No. 157 Dancers Society  
 Alberta Blue Cross  
 Alberta Mortgage Brokers Association  
 All Saints' Cathedral Friendship Guild  
 ALS Laboratory Group  
 Alta-Fab Structures Ltd.  
 Associazione Nazionale Alpini  
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 Canwest Media Inc.  
 Caritas Health Group  
 Catholic Parish of Assumption  
 Century Casino  
 Chomicki Baril Mah LLP  
 Comfort Heating (1981) Ltd.  
 William Cooper  
 John and Ann Dea

## Member Churches:

E4C continued its collaboration with All Saints' Anglican Cathedral, Augustana Lutheran Church, First Baptist Church, McDougall United Church, St. Joseph's Roman Catholic Basilica, and The Anglican Parish of Christ Church.

Together they contributed towards E4C's annual budget, as well as provided willing volunteers and faithful supporters of our programs.

Each member church nominates members for the E4C Board of Directors.



Delcon Development Group  
 Dolores Dilkie  
 Edmonton Catholic Schools  
 Edmonton Elks Lodge #11  
 Patricia Eidem  
 Rodney Eidem  
 Endura Manufacturing Co. Ltd.  
 Ron and Mary Fath  
 Father Bonner Columbus Club Casino Account  
 Alan Forde  
 Fort Saskatchewan Alliance Church  
 FPB Hot Lunch Club  
 Holy Spirit Catholic Church  
 Holy Spirit Lutheran Church  
 Inglewood Christian Reformed Church  
 Fred Katz  
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 L.A. Kasza Professional Corporation  
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 Lux Beauty Boutique – Lux Inc.  
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 Constance and Ronald McClung  
 Mid-City Excavating Ltd.  
 Sean Montgomery  
 Norman McDonald Professional Corporation  
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 Association  
 Norwood Community School  
 Roger and Eleanor Otteson  
 PAAFE  
 Peter G. Northcott Professional Corporation  
 Jimmy Pietrarca  
 Kathleen Quinn  
 RBC Kingsway  
 RBC Royal Bank of Canada Charitable  
 Foundation  
 Scott Reed  
 Rio Terrace Moravian Community Church  
 Robertson-Wesley United Church  
 Royal LePage Shelter Foundation  
 Royal Purple Association, Edmonton Lodge #22  
 Sawridge Group of Companies  
 Sheriff's Posse Association  
 Sisters of St. Joseph of the Diocese of London  
 Sobeys

Solid Management & Realty Ltd.  
 Southminster-Steinhauer United Church  
 St. Joseph Assembly K of C  
 Students' Union, University of Alberta  
 Robert Swallow  
 United Nurses of Alberta  
 Unity Church of Edmonton  
 University of Alberta  
 Ursulines of Jesus (Regional Administration)  
 VASA (Visual Arts Students Association)  
 Lewis Warke  
 Waste Management of Canada Corporation  
 Wesclean Equipment & Cleaning Supplies  
 Wing Commander H.P. Blatchford Chapter IODE

**In Kind Donations**

Alberta Foundation for the Arts  
 Anglican Parish of Christ Church  
 Blankets for Canada  
 Boilermakers Union Local 146  
 Canada Safeway  
 CTV  
 EPCOR  
 Girlfriends Social Club  
 Hole's Greenhouses & Gardens Ltd.  
 Park Memorial  
 Peter Prinsen  
 Michelle Rollison  
 Urban Systems  
 Edmonton General Hospital  
 Edmonton's Food Bank  
 Edmonton School of Ballet  
 Riverbend United Church  
 Saint Faiths Church  
 Sobeys  
 Misericordia Community Hospital

**Supporters Under \$1,000**

We wish to thank all of you who gave so generously in 2008, but due to limited space we are unable to list all of our caring donors.

Our donors, supporters and partners create the potential for transformational change.

They have the vision, innovation, courage and determination and make our work possible.



# MOVING FORWARD

*Forward*

E4C makes a difference by:

Investing in People

Increasing Food Independence

Promoting Early Learning

Housing the Homeless

## Moving Ahead for Change in 2009

As a result of the economic downturn, we anticipate that 2009 may bring financial challenges. E4C is determined to provide vital services throughout the community—to individuals and families, to people of all ages, backgrounds and life situations.

E4C will:

- Continue to advance the City and Provincial plans to end homelessness through the development of affordable and supportive housing and in the development and delivery of innovative, effective services that develop skills to overcome the causes of homelessness
- Continue to feed hungry children and at the same time increase our work to address the root causes of hunger by working with families and neighbourhoods to improve food security through local food cooperatives, community gardens and other services
- Seek new opportunities to work in collaboration and partnership with other community agencies in multiple ways, including an expansion of the E4C work in providing administrative and fiscal sponsorship and service provision—enhancing not-for-profit sector efficiency and effectiveness
- Develop new programs and services, within collaborations and partnerships or through E4C initiative, that work to diminish the breadth and depth of poverty
- Identify partnerships with the corporate sector resulting in collaborative efforts to build a stronger, healthier community
- Deliver strong advocacy messages that promote options for healthy, inclusive and self-sustaining communities
- Work within our membership and the broader community to focus attention and efforts leading to positive social change – grow community involvement, participation and membership

E4C is a living, growing, vibrant organization. Our personnel are caring, involved professionals who use innovative approaches to find ways of engaging service users as partners in change. E4C continues to work to advance the collaboration and responsiveness of the charitable sector. We see our government partners, sister agencies and the broad public as fellow participants in building our community through intentionality. E4C makes a real, lasting and positive difference in the lives of people.

**Change the world? Yes we do—every day!**

# E 4 C F I N A N C I A L S T A T E M E N T

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## **E4C** **Statement of Operations**

Year Ended December 31

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	<u>Unrestricted</u>	<u>Restricted</u>	<u>Invested in capital assets</u>	<b><u>Total 2008</u></b>	<u>Total 2007</u>
<b>Revenues</b>					
Contract					
income (Note 11)	\$ -	\$7,693,524	\$ -	<b>\$7,693,524</b>	\$5,849,959
Donations and					
grants (Note 16)	179,397	2,262,177	133,600	<b>2,575,174</b>	3,162,601
Contribution of land and					
building in support of					
the Northeast Teen					
Centre	-	-	-	-	720,499
Bistro operations	-	344,554	-	<b>344,554</b>	288,117
Rents and client fees	-	638,455	-	<b>638,455</b>	630,401
Other	300,996	157,522	-	<b>458,518</b>	320,358
Interest	23,201	35,883	-	<b>59,084</b>	72,768
Member contributions	<u>32,299</u>	<u>-</u>	<u>-</u>	<b><u>32,299</u></b>	<u>19,694</u>
	<u>535,893</u>	<u>11,132,115</u>	<u>133,600</u>	<b><u>11,801,608</u></b>	<u>11,064,397</u>
<b>Expenditures</b>					
Wages and benefits	771,537	5,360,447	-	<b>6,131,984</b>	4,927,735
Client and other	538,763	2,361,465	4,799	<b>2,905,027</b>	2,619,259
Contracted supplies	-	870,143	-	<b>870,143</b>	873,023
Amortization of capital					
assets	-	-	676,552	<b>676,552</b>	651,067
Headstart expenditures	-	619,094	-	<b>619,094</b>	609,856
Professional fees	64,019	63,990	-	<b>128,009</b>	182,793
Mortgage interest	-	160,076	-	<b>160,076</b>	167,420
Administration fees					
and recovery (Note 13)	(980,528)	980,528	-	-	-
Nutrition snack school					
payments	<u>-</u>	<u>167,361</u>	<u>-</u>	<b><u>167,361</u></b>	<u>166,189</u>
	<u>393,791</u>	<u>10,583,104</u>	<u>681,351</u>	<b><u>11,658,246</u></b>	<u>10,197,342</u>
	142,102	549,011	(547,751)	<b>143,362</b>	867,055
Inner City Youth Housing					
Project (Note 5)	<u>-</u>	<u>2,113</u>	<u>-</u>	<b><u>2,113</u></b>	<u>27,932</u>
Excess (deficiency) of					
revenues over					
expenditures	<u>\$ 142,102</u>	<u>\$ 551,124</u>	<u>\$ (547,751)</u>	<b><u>\$ 145,475</u></b>	<u>\$ 894,987</u>

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# Board of Directors

2008 - 2009

## Board Executive



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Board President



Ross Lizotte,  
Vice President



Al Kosak,  
Treasurer



Janet Hutchison,  
Secretary

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Catherine Molyneux



Ary De Moor



Sheilagh  
McBride



Roger Thomson



Changing Lives • Growing Community

Edmonton City Centre Church Corporation operating as E4C is a registered non-profit charitable organization and has an independent Board of Directors.

Edmonton City Centre Church Corporation is owned by its member churches: All Saints' Anglican Cathedral, Anglican Parish of Christ Church, Augustana Lutheran Church, First Baptist Church, McDougall United Church and St. Joseph's Roman Catholic Basilica.

Edmonton City Centre Church Corporation is a charity registered with Revenue Canada and all donations are tax-deductible.

Charitable Registration Number: 13155-8140-RR0001





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